

FOODSHARE

Volunteer Opportunities for Kids

The following is a list of ongoing volunteer opportunities at Foodshare. New projects are always in the works. For more information, please contact Volunteer Coordinator Edna Bailey at (860) 856-4326 or by email at ebailey@foodshare.org. Information is also available on our website at www.foodshare.org.

Ages 5 + (with help from a parent or guardian)

"Fun"draising:

- Participate in the *Foodshare Walk Against Hunger* and help to raise money for our hungry neighbors. Organize a team at your school or place of worship, or just walk with mom or dad!
- Collect turkeys and funds around Thanksgiving for those in need, as a part of Foodshare's Turkey and Thirty Campaign.
- Organize a bake sale, tag sale or car wash to raise money to support Foodshare, or your local pantry.
- Offer to do yard work for a neighbor in exchange for a financial donation.
- Ask your school principal if s/he will allow students who donate to wear a hat to school for the day.

Gardening & Gleaning

Plant, grow and harvest vegetables throughout the growing season (evening and weekend shifts) at two locations:

- Auer Farm in Bloomfield, and
- Community Farm in Simsbury

At Your Leisure

Cut and tie mesh bags needed to pack donated produce.

Become an Anti-hunger Advocate

Have mom or dad help you write a letter to your elected officials telling them why they should care about hunger in your community.

Hunger Action Month

Did you know September was *Hunger Action Month*? Ask your teacher to arrange for a Foodshare Ambassador to visit your class. You can participate in Hunger 101 and learn why so many of our neighbors have a difficult time making ends meet.

Ages 12 +

Food Sorting

Inspect, sort and repack donated food in Bloomfield or at the Hartford Regional Market.

Special Events

Help greet attendees, register participants, and accept donations.

Become a Youth Ambassador

Volunteers represent Foodshare at community functions such as volunteer fairs, food shows, and Expo events throughout the year. Ambassadors are trained to educate the public on hunger in our community and how to become more involved in Foodshare's work to solve hunger. Training provided.

Reclamation

Sort incoming food, through our Food Reclamation program, to determine which products are safe for consumption. Training provided.

Take the SNAP Challenge

Commit to living on a low income food budget for one week, but only with permission and supervision from mom or dad!

